

# Caregiver's Manual

a resource guide to adult care options



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## **Using This Manual**

Gone are the days when caregivers had only two options: caring for loved ones in the home or admitting them to a nursing facility. Today's care options are much more varied – allowing a caregiver (in many instances) to tailor care specifically to the person's needs. However, with so many different options available, it is sometimes difficult to choose – or even keep up to date with what is available.

Adult Care Options: A Caregiver's Manual was designed to help caregivers “narrow down the field” when considering adult care for a loved one. It is divided into several sections and covers such basics as the variety of care options available, as well as financial and legal considerations. After each section and at the end of the manual, you will find resource guides to assist you in locating further helpful information.

We trust you will find the information in Adult Care Options helpful, timely and accurate. This manual is designed to help caregivers explore the options that are currently available and suggest ways in which these services may be evaluated and accessed. We suggest you use them as a starting point. It is not intended to replace the professional advice of a physician, attorney, or any other health care professional

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